

**HAFALAN (MEMORIZATION) Adam – Steps in Wudu**

**Step #1**

1. Clear your mind and set for the purpose about to perform an act of worship.  
 2. Make your intention for wudu and say: *...Bismillah... and study in Arabic & Say: "Bismillah" (B. Muzahid 3/13)*

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**Step #2**

Wash your hands from your wrists three times each, right then left.



**Step #3**

Wash your mouth three times, then wash the inside of your nose (2 times each).

**TIP: DO EACH WASH 3 TIMES.**



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**Step #4**

Wash your face three times including your head (your face includes everything between your ears and from your hairline of your forehead to your chin).





**Golden Rule #1:** Do not interrupt your wudu (i.e. perform it all together with no breaks)

**Step #5**

Wash your forearms from your finger tips and past your elbows on both sides, starting with right and then left.



**Step #6**

Wipe your hair with water starting from the front to the back and from inside front!



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**Step #7**

Wipe both of your eyes.



**Step #8**

And wipe of your feet from the toes of your one foot to the heel your ankle.



**Golden Rule #2:** All areas such as the face, forearms, and feet need to have water reach EVERY single spot of skin to have the wudu be performed properly.

**Golden Rule #3:** Make sure all the acts of wudu are performed in the mentioned order.

## **HAFALAN (MEMORIZATION) Adam- Wudu'**

### **What annuls wudu' ?**

- passing wind
- bowel movement or urinating.
- sleeping.

### **Du'a after Wudu (Ablution)**

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

Ash-hadu a laa ilaaha illallaah wahdahu la shareeka lah. Wa ash-hadu anna Muhammadan 'abduhu wa Rasooluh.

*I bear witness that none has the right to be worshipped but Allah alone, Who has no partner; and I bear witness that Muhammad is His slave and His Messenger.*

### **Thereafter this dua should be recited**

اللَّهُمَّ اجْعَلْنِي مِنَ التَّوَّابِينَ وَاجْعَلْنِي مِنَ الْمُتَطَهِّرِينَ

Allaahummaj 'alnee minat-tawwaabeena waj'alnee minal-mutatahhireen.

*O Allah, make me among those who turn to You in repentance, and make me among those who are purified.*

Reward of reciting the du'a: can enter jannah through 8 gates.

## **HAFALAN (MEMORIZATION) Adam: SALAT**

### **Steps in Salat:**

1. **Niyah (intention) in your heart.**
2. **First cycle (first raka-ah)**
  - a. Takbir: Allahu Akbar (*Allah is the Greatest*).
  - b. Reciting Al Fatihah.
  - c. Reciting surah. In 'hafalan Adam', the child is going to learn how to recite Al Ikhlas.
  - d. Takbir: Allahu Akbar.
  - e. Ruko', reciting: Subhana Rabbiyal Adheem 3x. (*Glory to my Lord, the Exalted*)
  - f. I'tidal (stand up), reciting:
    - a. Sami Allahu liman hamidah. (*Verily Allah listens to one who praises Him*).
    - b. Rabbana wa lakal hamd. (*Oh our Lord, all praises be to you*).
  - g. Takbir: Allahu Akbar.
  - h. Sujood, reciting: Subhana Rabbiyal A'la 3x (*Glory to my Lord, the most High*)
  - i. Takbir: Allahu Akbar.
  - j. Sitting down, reciting: Rabbighfirlee. (*Oh Lord, forgive me*) or not reciting anything.
  - k. Takbir: Allahu Akbar.
  - l. Sujood, reciting: Subhanna Rabbiyal A'la 3x. (*Glory to my Lord, the most High*)
  - m. Takbir: Allahu Akbar.
  - n. Standing up, start 2nd rakaah.
3. **Second cycle (second raka-ah).**
  - a. Takbir: Allahu Akbar (*Allah is the Greatest*).
  - b. Reciting Al Fatihah.
  - c. Reciting surah. In 'hafalan 1', the child is going to learn how to recite Al Ikhlas.
  - d. Takbir: Allahu Akbar.
  - e. Ruko', reciting: Subhanna Rabbiyal Adheem 3x. (*Glory to my Lord, the Exalted*)
  - f. I'tidal (stand up), reciting:
    - a. Sami Allahu liman hamidah. (*Verily Allah listens to one who praises Him*).
    - b. Rabbana wa lakal hamd. (*Oh our Lord, all praises be to you*).
  - g. Takbir: Allahu Akbar.
  - h. Sujood, reciting: Subhana Rabbiyal A'la 3x (*Glory to my Lord, the most High*)
  - i. Takbir: Allahu Akbar.
  - j. Sitting down, reciting: Rabbighfirlee. (*Oh Lord, forgive me*) or not reciting anything.
  - k. Takbir: Allahu Akbar.
  - l. Sujood, reciting: Subhanna Rabbiyal A'la 3x. (*Glory to my Lord, the most High*)
  - m. Takbir: Allahu Akbar.
  - n. Sit down, reciting tashahud and salawat/salutation to prophet(see below).
  - o. Look at the right, reciting Assalamu'alaikum. Then look at the left, reciting Assalamu'alaikum.

**Tashahud:**

التَّحِيَّاتُ لِلَّهِ وَالصَّلَوَاتُ وَالطَّيِّبَاتُ السَّلَامُ عَلَيْكَ أَيُّهَا النَّبِيُّ وَرَحْمَةُ اللَّهِ  
وَبَرَكَاتُهُ السَّلَامُ عَلَيْنَا وَعَلَى عِبَادِ اللَّهِ الصَّالِحِينَ أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا  
اللَّهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

**Transliteration:**

At-tahiy-yaatu lil-laahi was sala-waatu wat-tay yibaat

As-salaamu 'alayka ay-yuhan-nabiy-yu

wa rahma tullaahi wa bara-kaatuh

As-salaamu 'alayna wa'ala 'ibadil-laa his-saali-heen

Ash hadu an-laa ilaaha il-lallaah

wa ash hadu an-na Muhammadan

'ab-duhu wa rasooluh.

**Translation:**

All compliments, all physical prayer,  
and all monetary worship are for Allah.

Peace be upon you, Oh Prophet,  
and Allah's mercy and blessings.

Peace be on us and on all righteous slaves of Allah.

I bear witness that no one is worthy of worship except Allah

And I bear witness that Muhammad is His slave and Messenger.

## Salawat Nabi (salutation to prophets)

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا صَلَّيْتَ عَلَى إِبْرَاهِيمَ  
وَعَلَى آلِ إِبْرَاهِيمَ وَبَارِكْ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا بَارَكْتَ  
عَلَى إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ إِنَّكَ حَمِيدٌ مُجِيدٌ

### **Transliteration:**

Allah humma sal-li 'ala Muhammad  
wa 'ala aali Muhammad,  
Kamaa sal-layta 'ala Ibraheem  
Wa'ala aali Ibraheem  
Wa baarik 'ala Muhammad  
wa 'ala aali Muhammad,  
Kamaa baarakta 'ala Ibraheem  
Wa 'ala aali Ibraheem  
Innaka Hameedum Majeed.

### **Translation:**

Oh Allah, send prayers\* on Muhammad and  
On the family and true followers of Muhammad  
just as you sent prayers on Ibrahim and his family and true followers.  
Oh Allah, send blessings on Muhammad and  
On the family and true followers of Muhammad  
just as you sent blessings on Ibrahim and his family and true followers.  
Surely, you are praiseworthy, the Great.

\*Prayers here mean: praise and exalt him in the highest and superior of gatherings; that of the closest angels to Allah.

### How about iftitah supplication ?

Iftitah is a sunnah, and it's highly recommended to be taught to older students. However, for younger student, it's easier to teach the 'barebone' first. Parents with older children are encouraged to teach them iftitah.

اللَّهُ أَكْبَرُ كَبِيرًا وَالْحَمْدُ لِلَّهِ كَثِيرًا وَسُبْحَانَ  
اللَّهِ بُكْرَةً وَأَصِيلًا ، إِنِّي وَجَّهْتُ وَجْهِيَ  
لِلَّذِي فَطَرَ السَّمَوَاتِ وَالْأَرْضَ حَنِيفًا  
مُسْلِمًا وَمَا أَنَا مِنَ الْمُشْرِكِينَ ، إِنَّ صَلَاتِي  
وَنُفْسِي وَمَحْيَايَ وَمَمَاتِي لِلَّهِ رَبِّ الْعَالَمِينَ  
لَأَشْرِيكَ لَهُ وَبِذَلِكَ أُمِرْتُ وَأَنَا مِنَ  
الْمُسْلِمِينَ .

## **HAFALAN (MEMORIZATION) Nuh - DHIKR AFTER SHALAT**

Perform the following dhikr after shalat:

### **1. Long Istighfar**

أَسْتَغْفِرُ اللَّهَ الْعَظِيمَ الَّذِي لَا إِلَهَ إِلَّا  
هُوَ الْحَيُّ الْقَيُّومُ وَأَتُوبُ إِلَيْهِ.

*“Astaghfirullaahal 'Adheem al ladhee laa 'ilaaha 'illaa Huwal Hayyul Qayyoom wa atoobu 'ilayhi “*

**I seek the forgiveness of Allah the Mighty, There is none worthy of worship except Him,  
the Living, the Eternal, and I repent to Him**

#### ***When to say Istighfar?***

We are encouraged to say it 3 times after performing salah.

We should also say istighfar (seek forgiveness from Allah) immediately after we realize we did something wrong.

NOTE: We have to be aware that shaytan will always try to make us astray from following the right way. If we feel we're about to do the wrong thing, for instance: getting angry, wanting to hit somebody, wanting to lie, and so forth, we should ask Allah to protect us from shaytan so that we no longer want to do (or continue to do) the wrong thing.

**We should say: Ta'awwudh**

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ

*“Audhu billaahi minash shaytaanir rajeem”*

*I seek protection in Allah from the accursed devil (shaytan)*

#### **When to say Ta'awwudh?**

Muslims are encouraged to seek protection from shaytan, especially before reciting Al Qur'an, before Salah, and when you are mad or scared or in an argument with someone.

## 2. Allahumma antassalam Dhikr (short version).

اللَّهُمَّ أَنْتَ السَّلَامُ، وَمِنْكَ السَّلَامُ،  
تَبَارَكْتَ يَا ذَا الْجَلَالِ وَالْإِكْرَامِ

“Allahumma antas-salaam wa minkas salaam  
Tabarakta ya dhal jalaali wal ikraam.”

*O Allah, You are Peace, and from You is all peace\*.  
Blessed are You, O Possessor of of Majesty and Honor.*

\* Peace here also encompasses safety, security, and protection.

### **Why do we say this after Salah (Prayer)?**

Because we want the ‘Source of Peace’ to protect us from **the mistakes committed during the Salah**. A Salah in which there is no khushoo’ (humility), is struck back on the person and not taken. So it is as if you are saying “O Allah, if my salaah was not proper, if there was anything You did not like, keep me safe from its consequence.” This is the benefit of following the sunnah; you are secure from things that you do not even imagine. Who would have imagined that you would suffer consequences after praying salaah? But the sunnah teaches us, so we say Allahumma antas salaam wa minkas salaam, O Allah protect me from the shortcomings of my Salah.

### 3. **Basic Dhikr**

- Subhanallah (33x), Alhamdulillah (33x), Allahu Akbar (33x)

*Glory to Allah (33x), All praise is for Allah (33x), Allah is the Greatest (33x)*

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لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ.

La ilaha illal-lahu wahdahu la shareeka lah, lahul-mulku walahul-hamd, wa huwa 'ala kulli shay-in qadeer.

*'None has the right to be worshipped except Allah, alone, without partner, to Him belongs all sovereignty and praise and He is over all things omnipotent.'*

These sentences are most beloved by Allah and the prophet. These are sentences which are light in the tongue, but heavy in the balance (in the day of judgment).

## **HAFALAN (MEMORIZATION) Nuh - DU'A AFTER SALAT**

### **1. Du'a for Parents**

رَبِّ اغْفِرْ لِي وَلِوَالِدَيَّ وَأَرْحَمَهُمَا كَمَا رَبَّبْتَنِي صَغِيرًا

Rabbighfir lee wa li waalidayya warhamhumaa kamaa rabbayaanee sagheeraa

*“O Lord, forgive me, my parents and show mercy on them as they have nourished me when I was young.”*

### **2. Du'a for any Occasion (Sapu jagad)**

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ

“Rabbanaa aatina fid-dunya hasanah. Wa fil 'aakhirati hasanah. Wa qinaa 'adhaban-naar”.

*Our Lord! Grant us good in this world and good in the hereafter, and save us from the punishment of the hellfire.[2:201]*

#### **When to Recite:**

You can recite this du'a at any occasion. Don't forget to recite this du'a every time after Salah.

## HAFALAN (MEMORIZATION) Ibrahim - DAILY DU'A (SLEEPING AND WAKING UP)

### 1. Du'a Before Sleeping

بِسْمِكَ اللَّهُمَّ أَمُوتُ وَأَحْيَا

Bismika Allaahumma amootu wa ahyaa

*'In Your name O Allah, I die and live.'*

### 2. Du'a When Waking Up

الْحَمْدُ لِلَّهِ الَّذِي أَحْيَانَا بَعْدَ مَا أَمَاتَنَا وَإِلَيْهِ النُّشُورُ

Alhamdulillahil ladhee ahyanaa ba'da maa amaataana wa ilaihin nushooru

*'All praise is for Allah who gave us life after having taken it from us and unto Him is the Resurrection.'*

### 3. Du'a Before Eating

اللَّهُمَّ بَارِكْ لَنَا فِيْمَا رَزَقْتَنَا وَقِنَا عَذَابَ النَّارِ بِاسْمِ اللَّهِ

Allaahumma baa rik lanaa feemaa razaqtanaa wa qinaa adhaaban-naar . Bismillaah.

*'O Allah! Bless us on everything You give us, and avoid us from Hellfire. In the name of Allah.'*

NOTE: If you **forget** to say it before starting, when remember you should say:

*"Bismillaahi fee awwalihi wa akhirihi "*

*'In the Name of Allaah in its beginning and end.'*

### 4. Du'a After Eating

الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنَا وَسَقَانَا وَجَعَلَنَا مِنَ الْمُسْلِمِينَ

Alhamdulillahil Allahil ladhee at'amanaa wasaqaana waja'alana minal muslimmeen.

*'Thanks to Allah who fed us and made us among muslims.'*

## HAFALAN (MEMORIZATION) IBRAHIM - DAILY DU'A : LEAVING/ENTERING TOILET AND BEFORE LEARNING

### 1. Du'a Before Entering the Toilet

(بِسْمِ اللَّهِ) اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ  
الْخُبْثِ وَالْخَبَائِثِ .

“Allahumma inni a-‘u-dhubika minal khub-tsi wal khabaaith.”

Meaning: *(In the name of Allaah). O Allaah, I take refuge with you from all evil and evil-doers.’*

This is the dua recited by Prophet Muhammad Saw when he enter a bath room or toilet.

#### **Why do we read the dua ?.**

Because bath room/toilet is a dirty place where the evil doers like to stay. Because of this it is not recommended to stay a long time in the bath room/toilet. The bath room/toilet nowadays might be clean and sometimes smell good, but the purpose of bath room/toilet is still the same: to shed the dirt and anything you do not want from your body. Therefore we need to seek protection from Allah Swt from the evil doers and all the bad which come from them.

#### **When do we read it?.**

Before entering the bath room/toilet. Inside the troilet we are not suppose to say Allah’s name. We can remember Allah, but not to say his name.

#### **How do we enter the Bath room/Toilet ?.**

By using our left foot to enter the toilet.

## 2. After Leaving the Toilet

غُفْرَانَكَ.

“Ghuf-raa-nak”

Meaning: ‘I ask You (Allaah) for forgiveness.’

This dua is recited by {Prophet Muhammad Saw when he got out from the bath room/toilet.

### **Why do we read the dua?**

The prophet Saw read the du’a (according to hadith) because of two reason:

1. He always made dhikr (remembering and saying Allah’s name), but in the bath room/ Toilet , we are not suppose to mention Allah’s name and the Prophet Saw felt bad when he could not mention Allah’s name. Therefore he made dzikr/du’a as soon as he could (out of the bath room/Toilet).
2. By saying the du’a the Prophet (and we should to) meant to ask Allah forgiveness from his (prophet) weakness, and thanks Allah for the food, for allowing the food be digested easily and for allowing all the unwanted food remaining be extracted out of his body.

### **When do we read the dua?**

When we are already out from the bath room/toilet.

### **How do we get out from the bath room/toilet?**

By using our right foots to step out of the toilet.

## 3. Du’a before Learning or Studying.

رَبِّ زِدْنِي عِلْمًا وَرِزْقِي فَهْمًا

Rabbee zidni ‘ilma, warzuqni fahma.

“My Lord, increases my knowledge, and gives me understanding.”

## **HAFALAN (MEMORIZATION) Ismail - DAILY DU'A**

### **1. Dua when Leaving Home**

بِسْمِ اللَّهِ، تَوَكَّلْتُ عَلَى اللَّهِ وَلَا حَوْلَ  
وَلَا قُوَّةَ إِلَّا بِاللَّهِ.

Bismillahi, tawakkaltu 'alallahi wa laa hawla wa laa quwwata illaa billah

Meaning:

*In the name of Allah, I place my trust in Allah, and there is no might nor power except with Allah.*

#### **Hadits:**

The Messenger of Allah (sa) said: Whoever says – upon going out of his home (the above duaa) it is said to him: You have been sufficed, protected, and guided, and the shaytan would move aside from him, then say to another shaytan: What access do you have to a man that has been guided, sufficed, and protected?” (Reported by Abu dawood, An-Nisa'ee , and At-Tirmithi)

### **2. Dua for Travel (Safar)**

سُبْحَانَ الَّذِي سَخَّرَ لَنَا هَذَا وَمَا كُنَّا لَهُ مُقْرِنِينَ . وَإِنَّا إِلَى رَبِّنَا لَمُنْقَلِبُونَ

Subhaanalladhee sakhkhara lanaa haadhaa. wa maa kunnaa lahu muqrineen.

Wa innaa ilaa rabbinaa lamunqaliboon

Meaning:

*Glory be to Him who has subjected these to our (use), for we could never have accomplished this (by ourselves). And to our Lord, surely must we return.*

Recite: when you are in the vehicle (car, plane, bus, train etc)

**HAFALAN (MEMORIZATION) Ishaq - AYATUL KURSI (AL BAQARAH 255)**

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ لَا تَأْخُذُهُ سِنَّةٌ وَلَا نَوْمٌ لَهُ مَا فِي  
السَّمَوَاتِ وَمَا فِي الْأَرْضِ مَنْ ذَا الَّذِي يَشْفَعُ عِنْدَهُ إِلَّا بِإِذْنِهِ يَعْلَمُ  
مَا بَيْنَ أَيْدِيهِمْ وَمَا خَلْفَهُمْ وَلَا يُحِيطُونَ بِشَيْءٍ مِّنْ عِلْمِهِ إِلَّا بِمَا شَاءَ  
وَسِعَ كُرْسِيُّهُ السَّمَوَاتِ وَالْأَرْضَ وَلَا يَئُودُهُ حِفْظُهُمَا وَهُوَ الْعَلِيُّ الْعَظِيمُ

1. Allahu laaa 'ilaaha 'illaa huwal Hayyul-Qayyoom.  
*Allah! There is no God save Him, the Alive, the Eternal.*
2. Laa ta'-khudhuhoo sinatuw-wa laa nawm.  
*Neither tiredness nor sleep overtakes Him.*
3. Lahoo maa fissaamaawaati wa maa fil-'ard.  
*Unto Him belong whatsoever is in the heavens and whatsoever is in the earth.*
4. Man-dhalladhee yashfa-'u 'indahoo 'illaa bi-'idhnih  
*Who is he that can intercede with Him except by His permission?*
5. Ya'-lamu maa bayna 'aydeehim wa maa khalfahum.  
*He knows that which is in front of them and that which is behind them,*
6. Wa laa yuheetoona bi-shay-'im-min 'ilmiheee 'illaa bimaa shaaa'.  
*While they encompass nothing of His knowledge except what He will.*
7. Wasi-'a Kursiyyu-hus-samaawaati wal-'ard;  
*His throne includes the heavens and the earth,*
8. Wa laa ya-'ooduhoo hifdhu-humaa  
*And He is never weary of preserving them.*
9. Wa Huwal-'Aliyyul-'Adheem.  
*He is the Sublime, the Tremendous.*

***Why ayatul kursi (Al Baqarah 255) ?***

- protection from shaytan and others
- protection from danger
- protection of one's house and belongings.
- blessing and forgiveness from Allah.

***Recite ayatul kursi:***

- after fard prayers
- before going to sleep (along with 'Qul' surah - al Ikhlas, anNas and al Falaq, and du'a before sleeping)
- before going out
- when you're in danger or when you're scared.

## HAFALAN (MEMORIZATION) Musa - ADHAN

### ADHAN (MALE STUDENTS ONLY)

How to perform Adhan:

1. Wudu
2. Face the Qiblah
3. Make intention or niyyah to call for prayer
4. Place your index finger in your ear.
5. Recite slowly:

الله أكبر

1. *Allaahu Akbar (2x)*  
"Allah is the greatest"

الله أكبر

2. *Allaahu Akbar (2x)*  
"Allah is the greatest"

أشهد أن لا إله إلا الله

3. *Ashhadu alaa ilaaha illaLaah (2x)*  
I bear witness that there none worthy of worship except God"

أشهد أن محمدا رسول الله

4. *Ash hadu anna Muhamadar rasoolullaah (2x)*  
I bear witness that Muhammad is the Messenger of God

حي على الصلاة

5. *Hayya' alas Salaah (2x)*  
Come to prayer

حي على الفلاح

6. *Hayya' alal Falaah (2x)*  
Come to felicity"

الله أكبر

7. *Allaahu Akbar(2x)*  
"God is the greatest"

لا إله إلا الله

8. *Laa ilaaha illa-lah*  
There is none worthy of worship except God"

**Answering adhan:**

After a sentence is recited, the jama'a should answer (recite softly) what the mu'azzin recited.

However, after the mu'azzin recites number 5 & 6, the jama'a should recite:

“Laa hawla wa laa kuwwata illaa billaah”

*There is no power or authority except Allah.*

**Addition for mu'azzin:**

- While reciting number 5, turn your head to the right.
- While reciting number 6, turn your head to the left.
- For Fajr prayers only, there is a special addition. After number 6, recite this:

## الصلاة خير من النوم

“As-Ṣalaatu khayrum-minan-nawm “(2x)

*Prayer is indeed better than sleep.*

## HAFALAN (MEMORIZATION) Musa - DU'A AFTER ADHAN

### Du'a after Adhan

This du'a will guarantee prophet Muhammad intercession in the day of judgment.

اللَّهُمَّ رَبَّ هَذِهِ الدَّعْوَةِ التَّامَّةِ وَالصَّلَاةِ  
الْقَائِمَةِ اتَّ مُحَمَّدٍ الْوَسِيلَةَ وَالْفَضِيلَةَ وَابْعَثْهُ  
مَقَامًا مَحْمُودًا الَّذِي وَعَدْتَهُ إِنَّكَ لَا تَخْلِفُ  
الْمِيعَادَ

Allahumma Rabba Hadzihid- da'watit-taammati was-salaatil-qaa'imah,  
*"O Allah, Lord of this most perfect call, and of the Prayer that is about to be established,*

Aati Muhammadanil-Waseelata Wal-Fadeelah  
*Grant to Muhammad the favor of nearness (to You) and excellence,*

Wab'ats-hu Maqaamam- Mahmoodanil-ladzee wa'attah.  
*And exalt him to a position of glory that You have promised him.*

Innaka laa Tukhliful Mee'aad.  
*Truly, you never break the promise."*

## **HAFALAN (MEMORIZATION) Musa - IQAMA**

Just before the prayer starts, recite the iqama.

Recite in this order.

*Allaahu Akbar (2x)*

"God is the greatest"

*Ashhadu Alaa ilaaha illa-Lah*

"I bear witness that there none worthy of worship except God"

*Ash Hadu anna Muhamadar rasuulullah*

"I bear witness that Muhammad is the Messenger of God"

*Hayya' alas Salaah*

"Come to prayer"

*Hayya' alal Falaah*

"Come to success"

*Qad qaamatis Salaah(2x)*

"Our prayers are now ready"

*Allaahu Akbar(2x)*

"God is the greatest"

*Laa ilaaha illa-Lah*

"There is none worthy of worship except God"

## HAFALAN (MEMORIZATION) Yunus - DAILY DU'A

### 1. Du'a upon Entering Masjid

اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

Allahummaf-tah lee abwaaba rahmatik

*O Allah, open for me the doors of your blessings.*

### 2. Du'a upon Leaving Masjid

اللَّهُمَّ إِنِّي أَسْأَلُكَ مِنْ فَضْلِكَ

Allahumma innee as-a-luka min fadlik.

*Oh Allah, I ask you of your bounty/favor.*

### 3. Du'a while looking in front of the mirror

اللَّهُمَّ أَنْتَ حَسَّنْتَ خَلْقِي فَحَسِّنْ خُلُقِي

Allahuma anta hassanta khalqee fahassin khuluqee.

*Oh Allah! You have made my physical shape beautiful, so beautify my character too.*

## **HAFALAN (MEMORIZATION) Daud - MORE RECITATION AFTER SALAAT - AI Baqarah 285-286**

### **Why AL Baqarah 286?**

Great merits have been attributed to two last verses (285, 286) in authentic Hadith. The Holy Prophet has said that one who recites these two verses during the night, they will be sufficient for him (as if he has performed the tahajjud or late night prayer). They're also special verses because Allah Almighty has sent forth these two verses out of the treasures of Paradise and the 'Rahman' had already written them by His own hand two thousand years earlier than the creation of all things and beings.

Other virtue:

- When recited at night with the three middle verses of Al Baqarah (255-257 - ayat 255 is ayatul Kursi), the first four verses of Al Baqarah, and Al Baqarah 284, neither Satan nor jinn would enter one's house, nor would one and one's family be affected with illness or calamity or sorrow that night, and that if they are recited over a man suffering from a fit of madness, his condition will improve.
- Al Baqarah 286 contains a du'a which is very good to be recited after salaah.

### **AL Baqarah 285-286**

ءَا مَنَّ الرَّسُولُ بِمَا أُنزِلَ إِلَيْهِ مِنْ رَبِّهِ، وَالْمُؤْمِنُونَ كُلٌّ ءَا مَنَ بِاللَّهِ  
وَمَلَائِكَتِهِ وَكُتُبِهِ وَرُسُلِهِ، لَا نُفَرِّقُ بَيْنَ أَحَدٍ مِنْ رُسُلِهِ، وَقَالُوا  
سَمِعْنَا وَأَطَعْنَا غُفْرَانَكَ رَبَّنَا وَإِلَيْكَ الْمَصِيرُ ﴿٢٨٥﴾

Aa-manar-rasoolu bimaaa un-zila ilayhi mir-rab-bihi wal mu'-mi-noon. Kullun aa-mana billaahi wa ma-laaa-i-katihi wa kutubihi wa rusulih. Laa nufar-riq bayna ahadim-mir-rusulih. Wa qaa-loo sa-mi'-naa wa a-tha'-na. Guf-raa-naka rabbanaa wa ilaykal maseer. “

*The Messenger has believed in what was revealed to him from his Lord, and [so have] the believers. All of them have believed in Allah and His angels and His books and His messengers, [saying], "We make no distinction between any of His messengers." And they say, "We hear and we obey. [We seek] Your forgiveness, our Lord, and to You is the [final] destination."*

لَا يُكَلِّفُ اللَّهُ نَفْسًا إِلَّا وُسْعَهَا لَهَا مَا كَسَبَتْ وَعَلَيْهَا مَا  
 اكْتَسَبَتْ رَبَّنَا لَا تُؤَاخِذْنَا إِنْ نَسِينَا أَوْ أَخْطَأْنَا رَبَّنَا وَلَا تَحْمِلْ  
 عَلَيْنَا إَصْرًا كَمَا حَمَلْتَهُ عَلَى الَّذِينَ مِنْ قَبْلِنَا رَبَّنَا وَلَا تُحَمِّلْنَا  
 مَا لَا طَاقَةَ لَنَا بِهِ ۗ وَاعْفُ عَنَّا وَارْحَمْنَا أَنْتَ مَوْلَانَا  
 فَانصُرْنَا عَلَى الْقَوْمِ الْكَافِرِينَ

Laa yukalliful- lahu nafsan illaa wus-'a-ha. Lahaa maa kasabat wa 'alayhaa mak tasabat.  
 (beginning the du'a) Rabbanaa laa tu-a-khidh-naaa innaseenaaa aw akhta'na. Rabbanaa wa  
 laa tahmil 'alaynaaaa isran kamaa hamaltahu 'alal-ladheena min-qab-lina. Rabbanaa wa laa  
 tuham-milnaa maa laa taaqata lanaa bih. Wa'fu 'annaa waghfir lanaa warhamnaa. Anta  
 mawlaana fansurnaa 'alal qawmil kaafireen.

*Allah does not charge a soul except [with that within] its capacity. It will have [the consequence of] what [good] it has gained, and it will bear [the consequence of] what [evil] it has earned. "Our Lord, do not impose blame upon us if we have forgotten or erred. Our Lord, and lay not upon us a burden like that which You laid upon those before us. Our Lord, and burden us not with that which we have no ability to bear. And pardon us; and forgive us; and have mercy upon us. You are our protector, so give us victory over the disbelieving people."*